

Little Foxes Forest School Autumn Term Menu 2025

Dates	First course	Pudding
	Monday : Picnic plate, vegan sausage rolls, cheese and crackers served with crudites	Yogurt and berries
	Tuesday : Sweetcorn orzo (GF and DF alternative)	Satsumas
	Wednesday : Pizza bagels with a side salad (GF and DF alternative)	Organic gruffalo biscuits (GF alternative)
	Thursday Snack – Veggie sticks or fruit. Children to help prepare	
Adele	Monday : Jacket potato served with beans and cheese	Organic gingerbread
	Tuesday: Cheese Ploughman's - mini rolls, cheese, pickle, apple slices and cucumber batons (GF and DF alternative)	Mango and pineapple
	Wednesday: Rice noodle salad	Apple slices and yoghurt (DF alternative)
	Thursday: Snack - Veggie sticks or fruit. Children to help prepare	

	Monday: Spaghetti served with tomato sauce and vegan meatballs	Watermelon
	Tuesday - Broccoli and cheese muffin tray bake served with roasted baby potatoes (DF alternative)	Homemade gluten free oat and banana pancakes
	Wednesday: Falafels, vegan tzatziki, pittas and salad (GF alternative)	Vegan sugar free jelly and fruit
	Thursday: Snack - Veggie sticks or fruit, Children to help prepare	