

Little Foxes Forest School Autumn Term Tea Time Menu 2026

Dates	First course	Pudding
	Monday : Picnic plate, vegan sausage rolls, cheese and crackers served with crudites Vg - Vegan cheese alternative	Yogurt and berries Vg - Vegan yogurt alternative
	Tuesday : Sweetcorn orzo	Satsumas
	Wednesday : Pizza bagels with a side salad Vegan - Vegan cheese alternative	Organix gruffalo biscuits
	Thursday Snack – Veggie sticks or fruit. Children to help prepare	
	Monday : Jacket potato served with beans and cheese Vg - Vegan cheese alternative	Organix gingerbread
	Tuesday: Cheese Ploughman's - mini rolls, cheese, pickle, apple slices and cucumber batons Vegan - Vegan cheese alternative	Mango and pineapple
	Wednesday: Rice noodle salad	Apple slices and yoghurt Vg - Vegan yogurt alternative
	Thursday: Snack - Veggie sticks or fruit. Children to help prepare	

	Monday: Spaghetti served with tomato sauce and vegan meatballs	Watermelon
	Tuesday : Butterbean tomato stew with bread	Apple rice cake
	Wednesday: Falafels, vegan tzatziki, pitas and salad	Vegan jelly and fruit
	Thursday: Snack - Veggie sticks or fruit, Children to help prepare	