

Little Foxes Forest School Spring Term Teatime Menu 2024



Dates	First course	Pudding
Week 1: 1 st January, 22 nd January, 19 th February, 11 th March	Monday: Cream cheese and grated carrot pinwheel wraps with a selection of vegetables	Animal biscuits with selection of fruit Dietary: no mango
	Tuesday: Orzo pasta with tomato sauce and a selection of vegetables Dietary: no chili/paprika	Fromage frais with selection of fruit
	Wednesday: Potato waffles and beans with a selection of vegetables	Melon smiles Dietary: no mango
	Thursday: Cheese toasties with a selection of vegetables Dietary: no chili/paprika; no uncooked dairy or straight egg	Jam swirls with a selection of fruit Dietary: no uncooked dairy or straight egg
Week 2: 8 th January, 29 th January,	Monday: Cherry tomato spaghetti with a selection of vegetables	Greek yoghurt with drizzly honey and a selection of fruit

26 th February, 18 th March		Dietary: no mango
	Tuesday: Mediterranean couscous salad with feta cheese, olives and peppers Dietary: no chili/paprika	Pineapple wedges
	Wednesday: Little Foxes Ploughman's supper with mini bread roll, cheddar cheese, carrot sticks and apple slices	Rice pudding with a selection of fruit Dietary: no mango
	Thursday: Stir-fry egg noodles with baby corn and a selection of vegetables Dietary: no chili/paprika; no uncooked dairy or straight egg	Mini Gruffalo biscuits with a selection of fruit Dietary: no uncooked dairy or straight egg
Week 3: 15 th January, 5 th February, 4 th March, 25 th March	Monday: Cheese tortellini with a selection of vegetables	Flapjack with a selection of fruit Dietary: no mango
	Tuesday: Veggie hot dogs in rolls with	Squeezy yoghurts

	a selection of vegetables Dietary: no chili/paprika	
	Wednesday: Tomato and basil soup with a selection of vegetables 	Make-your-own banana and honey sandwiches Dietary: no mango
	Thursday: Build-your-own pitta breads with cheese and a selection of vegetables Dietary: no chili/paprika; no uncooked dairy or straight egg	Eggcup kiwis Dietary: no uncooked dairy or straight egg