

Little Foxes Forest School Summer Term Teatime Menu 2024



Dates	First course	Pudding
Week 1: 15 th April, 6 th May, 3 rd June, 24 th June, 15 th July	<p>Monday: Rice noodles and butter beans with a selection of vegetables</p> <p>Dietary: Vegan, no soy, gluten free, no uncooked tomato, no aubergine or pepper</p>	<p>Ice lollies with selection of fruit</p> <p>Dietary: no mango, vegan, no soy, gluten free option</p>
	<p>Tuesday: Gosh falafels with rice and a selection of vegetables</p> <p>Dietary: Vegan, no soy, gluten free, no uncooked tomato, no aubergine or pepper</p>	<p>Pineapple chunks with selection of fruit</p> <p>Dietary: Vegan, no soy, gluten free</p>
	<p>Wednesday: Cream cheese and grated carrot wraps with a selection of vegetables</p>	<p>Gruffalo biscuits and a selection of fruit</p> <p>Dietary: no mango</p>
	<p>Thursday: Sweet potato and coconut soup, dippy bread and a selection of vegetables</p> <p>Dietary: no uncooked dairy or straight</p>	<p>Flapjack bites with a selection of fruit</p> <p>Dietary: no uncooked dairy or straight egg</p>

	egg	
Week 2: 22 nd April, 13 th May, 10 th June, 1 st July	Monday: Jacket potato with grated cheese and a selection of vegetables Dietary: Vegan, no soy, gluten free, no uncooked tomatoes, no pepper or aubergine	Pear chunks and a selection of fruit Dietary: Vegan, no soy, gluten free, no mango
	Tuesday: Potato waffles and beans with a selection of vegetables Dietary: Vegan, no soy, gluten free, no uncooked tomatoes, no pepper or aubergine	Raspberry sorbet with a selection of fruit Dietary: Vegan, no soy, gluten free
	Wednesday: Cheese and cucumber sandwiches with a selection of vegetables	Melon slices with a selection of fruit Dietary: no mango
	Thursday: Pasta with tomato sauce and a selection of vegetables Dietary: no uncooked dairy or straight egg	Mini Gruffalo biscuits with a selection of fruit Dietary: no uncooked dairy or straight egg
Week 3: 29 th April,	Monday: Golden vegetable rice with chickpeas and a selection of	Eggcup kiwis

<p>20th May, 17th June, 8th July</p>	<p>vegetables</p> <p>Dietary: Vegan, gluten free, no aubergine or peppers or uncooked tomato, no soy</p>	<p>Dietary: no mango, vegan, gluten free, no soy</p>
	<p>Tuesday: Rice cake stacks with cannellini bean mash and a selection of vegetables</p> <p>Dietary: Vegan, gluten free, no aubergine or peppers or uncooked tomato, no soy</p>	<p>Tropical fruit mix</p> <p>Dietary: vegan, gluten free, no soy</p>
	<p>Wednesday: Hardboiled eggs, toast and a selection of vegetables</p>	<p>Frozen squeezy yoghurts</p> <p>Dietary: no mango</p>
	<p>Thursday: Pitta pizzas with a selection of vegetables</p> <p>Dietary: no uncooked dairy or straight egg</p>	<p>Animal biscuits and a selection of fruit</p> <p>Dietary: no uncooked dairy or straight egg</p>